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Towards a Holistic Curriculum: How Significant is Learners' Participation in Co-curricular Activities?

Israel Kariyana^{1*}, Cosmas Maphosa² and Beginner Mapuranga¹

 ¹Walter Sisulu University, Department of Education, Mthatha, South Africa ^{*}Cell: +27 73 686 3953, ^{*}E-mail: kariyanaisrael@yahoo.com

 ²University of Venda, Centre for Higher Education Teaching and Learning, Thohoyandou, South Africa

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ABSTRACT The study sought to establish learners' views on the significance of their participation in school cocurricular. A quantitative-cum-qualitative descriptive survey design was followed. Data were solicited from learners in both private and public schools in one educational district in South Africa. A convenient sample of 200 learners participated in the study. A semi-structured questionnaire was used to collect both quantitative and qualitative data. Quantitative data were analysed with the aid of the SPSS statistical software package version 21 and presented through a blend of both descriptive and inferential statistics. Qualitative data were analysed using content analysis method and presented through verbatim quotations of the respondents. The study found that learners were agreeable on the importance of participating in co-curricular activities and that skills and values taught in cocurricular activities were as well important for academic success. The study concludes that co-curricular activities were viewed as important components of the curriculum and makes recommendations based on the findings.